



## Lysholm Knee Questionnaire

### 1. Limp

- a) None (5)
- b) Slight or periodical (3)
- c) Severe and constant (0)

### 2. Support:

- a) None (5)
- b) Cane or crutch (2)
- c) Weight-bearing impossible (0)

### 3. Locking:

- a) No locking and no catching sensations (15)
- b) Catching sensation but no locking (10)
- c) Locking occasionally (6)
- d) Locking frequently (2)
- e) Locked joint on examination (0)

### 4. Instability:

- a) Never giving way (25)
- b) Rarely during athletics or other severe exertion (20)
- c) Frequently during athletics or other severe exertion (or incapable of participation) (15)
- d) Occasionally in daily activities (10)
- e) Often in daily activities (5)
- f) Every step (0)

### 5. Pain:

- a) None (25)
- b) Inconstant and slight during severe exertion (20)
- c) Marked during severe exertion (15)
- d) Marked on or after walking more than 1 mile (10)
- e) Marked on or after walking less than 1 mile (5)
- f) Constant (0)

### 6. Swelling:

- a) None (10)
- b) On severe exertion (6)
- c) On ordinary exertion (2)
- d) Constant (0)

### 7. Stair-climbing:

- a) No problems (10)
- b) Slightly impaired (6)
- c) One step at a time (2)
- d) Impossible (0)

### 8. Squatting:

- a) No problems (5)
- b) Slightly impaired (4)
- c) Not beyond 90° (2)
- d) Impossible (0)

**TOTAL \_\_\_\_\_/100**